

### **3 questions for...John Hagelin**

Quantum physicist, compulsive meditator



1. You recently became director of the newly formed Global Financial Capital of New York, which was founded in May by transcendental meditation's Maharishi Mahesh Yogi. That sounds a little New Agey for Wall Street, no?

Well, I agree, the banking community tends to be bit conservative and risk averse. But the business types, at least at the upper-management levels, are very innovative and open to new techniques and ways of doing things. We're offering various types of executive training; there's also a meditation clinic and a day spa offering ayurvedic regeneration.

2. You also appeared in the wildly popular, yet controversial, film *The Secret*. Do the manifestation techniques offered really work?

I think the film and the book will have an overall positive effect at awakening people to the power of thought. But I believe the message was way oversimplified. One of the best ways of attracting and achieving your goals is still to get off your rear end and take action.

3. In 1993 you supervised an experiment where 4,000 advanced meditation experts gathered in D.C. and, through positive thoughts, supposedly changed the city's "frequency," to the point of lowering the crime rate. What would happen if you tried that here?

Well, businesses of all sizes would start to thrive more because people would be making better decisions. But before you'd notice an uptick in the economy, you'd see a great buoyancy in the city, a lightness. You'd see less stress, fewer arguments and a lot less horn honking.

John Hagelin will host a series of global conferences on architecture and poverty removal via the Internet on Tue 17 and Jul 19 at 11:30am. For info, see [globalfinancialcapitalny.org](http://globalfinancialcapitalny.org).

— Daniel Derouchie

<http://www.timeout.com/newyork/article/9086/3-questions-forjohn-hagelin>